The Hurtful Comments

Lizzie loves to spend time on social media, especially to connect with her friends after school. One day, Lizzie posts a photo of herself wearing her favorite outfit and feeling excited about it. She shares it with her friends, hoping they will like it too. However, when Lizzie logged back into her social media account later that day, she noticed something upsetting. Some of her classmates have left mean comments on her photo. They're saying things like, "Your outfit is so ugly," "You look ridiculous," and "Why do you even bother trying to look cool?" Lizzie feels hurt and embarrassed. She doesn't understand why her classmates are being so mean to her. She starts questioning her outfit choice and feels self-conscious about posting anything online.

Things to think about:

1) List some words that Lizzie felt after reading the social media comments:

2) If you were Lizzie's friend and you saw that social media what would you say to Lizzie?

3) Who could Lizzie talk to about this problem?

4) What should Lizzie do?